ROADMAP to a Healthy REOPENING

WELCOME!









Parkview Health Update

Jolynn Suko, Chief Innovation Officer



GETTING BACK TO BUSINESS

- The virus is in Community Spread
 - Not limited to one place or area
 - Source cannot be pinpointed
- Now part of our every day
 - Vaccine 12 18 months away
 - No herd immunity
 - Goal to keep surges low and as many people safe as possible
- Implementing and evolving safe practices will help our employees, customers and community



GETTING BACK TO BUSINESS

- We are here and ready to serve
- Safe practices to help our co-workers, patients and community
- Close monitoring
 - Restarting services gradually
 - Visitor restrictions remain in effect





GETTING BACK TO BUSINESS

How can you re-open safely and wisely?

Parkview Business Connect

Sharing what have we learned; Sharing the best from others

- Living document
 - Workplace considerations
 - People considerations
 - Best practice Resources page

Additional Resources by Industry

Note: Please reference national, state and local governing boards and institutions for most current information.

Education

General

- US Board of Education's COVID-19 Resources
- <u>CDC's guidelines for COVID-19 in Education</u>
- <u>CDC's Schools and Child Care Checklists</u>
- Helping your child manage during COVID-19

Childcare Centers

- <u>CDC's Interim guidance for K-12 and Childcare Centers</u>
- <u>CDC's guidelines for those who remain open</u>
- ISDH Guidance for Childcare Centers

Business Connect

Contact our Parkview team to be connected with resources and receive guidance on how to safely reopen your business. We're here to help!

> Contact Us Today

Reopening the Workplace



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ROADMAP – to a Healthy REOPENING

BACK ON TRACK









GUIDING PRINCIPLES

The number of hospitalized COVID-19 patients statewide has decreased for 14 days The state retains its surge capacity for critical care beds and ventilators The state retains the ability to test all Hoosiers who are COVID-19 symptomatic, as well as healthcare workers, essential workers, first responders, and others as delineated on the ISDH website

Health officials have systems in place to contact all individuals who test positive for COVID-19 and complete contact tracing



BACK ON TRACK INDIANA PLAN EXPLAINED



| | STAGE 1: March 24 - May 4 | STAGE 2: May 4 - 23 | STAGE 3: May 24 - June 13 | STAGE 4: June 14 - July 3 | STAGE 5: July 4 and Beyond |
|------------------------------|------------------------------|--|--|--|-------------------------------|
| Social Gatherings | 10 People or Fewer | 25 People or Fewer | 100 People or Fewer | 250 People or Fewer | 250+ People Permitted |
| Facial Coverings | Recommended | Recommended | Recommended | Optional | Optional |
| Government Offices | Closed to the Public | Limited Public Access | Limited Public Access | | |
| Manufacturing, Industrial | \square | | | | |
| Office Settings | | Remote Work Encouraged | Remote Work Encouraged | | |
| Retail | D | | | | |
| Restaurants | D | 📕 May 11th | | | |
| Bars and Clubs | | J | | | |
| Gyms | | | | | |
| Personal Services | | May 11th* | | | |
| Entertainment and Tourism | | | | | |
| Religious Services | | Services May Convene Following Guidelines Starting May 8th | Services May Convene Following Guidelines | Services May Convene Following Guidelines | |



ROADMAP to a Healthy REOPENING

NORTHEAST INDIANA UPDATES









| Industry | Date/Time | |
|-------------------------------|-------------------------------|----------------------------------|
| Manufacturing/Warehousing | Thursday, April 30 at 9 a.m. | VIEW RECORDING DOWNLOAD SLIDES |
| Restaurants/Hospitality | Thursday, April 30 at 11 a.m. | VIEW RECORDING DOWNLOAD SLIDES |
| Retail | Thursday, April 30 at 1 p.m. | VIEW RECORDING DOWNLOAD SLIDES |
| Other/Small Business | Thursday, April 30 at 3 p.m. | VIEW RECORDING DOWNLOAD SLIDES |
| Professional Services/Office | Friday, May 1 at 9 a.m. | VIEW RECORDING DOWNLOAD SLIDES |
| Personal Services/Real Estate | Friday, May 1 at 11 a.m. | VIEW RECORDING DOWNLOAD SLIDES |
| Religious Institutions | Friday, May 1 at 1 p.m. | VIEW RECORDING DOWNLOAD SLIDES |
| Schools/Education | Monday, May 4 at 1 p.m. | VIEW RECORDING DOWNLOAD SLIDES |

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Zulu

Workplace & People Considerations Dena Jacquay, Chief Community & Human Resource Officer



WORKPLACE & PEOPLE

Preparedness Plan

- Identify a workplace coordinator
- Build flexibility & fluidity into plan
- What stays in your new normal?



WORKPLACE & PEOPLE

Preparedness Plan

- Phased return of people
- Communicate and Educate with co-workers, students, and families on how they can help reduce spread of COVID-19
- Consider policies & practices for the vulnerable
- Ask staff. What do they need?
- Ask families. What makes them feel safe in your school?



WORKPLACE & PEOPLE

What Parkview is Doing

Return to Work Process





K-12 Education Specific Insights Dr. Mike Knipp, Parkview Total Health Chief Medical Officer



SCHOOLS DURING THE COVID-19 PANDEMIC

ALL



The purpose of this tool is to assist administrators in making (re)opening decisions regarding K-12 schools during the COVID-19 pandemic. It is important to check with state and local health officials and other partners to determine the most appropriate actions while adjusting to meet the unique needs and circumstances of the local community.

Should you consider opening?

- ✓ Will reopening be consistent with applicable state and local orders?
- ✓ Is the school ready to protect children and employees at higher risk for severe illness?

ALL

YES

 \rightarrow

✓ Are you able to screen students and employees upon arrival for symptoms and history of exposure?



Are recommended health and safety actions in place?

- ✓ Promote healthy hygiene practices such as hand washing and employees wearing a cloth face covering, as feasible
- Intensify cleaning. disinfection, and ventilation YES
- Encourage social distancing through increased spacing, small groups and limited mixing between groups, if feasible
- ✓ Train all employees on health and safety protocols



- Is ongoing monitoring in place?
- Develop and implement procedures to check for signs and symptoms of students and employees daily upon arrival, as feasible
- Encourage anyone who is sick to 1 stay home
- Plan for if students or employees 1 get sick
- Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures
- Monitor student and employee 1 absences and have flexible leave policies and practices
- Be ready to consult with the local 1 health authorities if there are cases in the facility or an increase in cases in the local area

ANY NO MEET SAFEGUARDS FIRST

OPEN AND \rightarrow MONITOR

cdc.gov/coronavirus

ALL

YES

- Identify your • workplace coordinator
- Determine if you're ready to open
- July 4 is not the finish line. Think about long-view

PARKVIEW



CDC GUIDANCE – May 20

| | | STEP 1 | STEP 2 | STEP 3 | |
|-----------------------|--|--|--|---|--|
| | TRIGGER | | | | |
| Scaling Up Operations | | Establish & maintain communication with State and Local officials Protect & support staff and students who are at higher risk for severe illness such as providing options for telework and virtual learning Follow CDC's Guidance for Schools and Childcare Programs Encourage users of shared buildings to follow this guidance | | | |
| | | If currently closed, remain closed. E-Learning opportunities provided for all students. Support students with meal programs if feasible. | Remain open with enhanced social distancing measures | Remain open with social distancing measures | |
| Safety Actions | Promote Healthy Hygiene Practices | Teach & reinforce washing hands, covering coughs & sneezes Teach & reinforce proper use of face coverings for all staff. Face coverings may be challenging for (younger) students to wear in all-day settings. Face coverings should be worn by staff and encouraged for (older) students if feasible. Especially when social distancing is not possible. Cloth face coverings are meant to protect other people; and are not surgical masks, respirators, or PPE. Have adequate supplies to support healthy hygiene including soap, 60% alcohol hand sanitizer, paper towels, tissues, & no-touch trash cans. Post signs on how to stop spread of COVID-19; hand washing; everyday protective measures; safe face covering use | | | |
| | Intensify Cleaning, Disinfection, Ventilation | Clean & disinfect frequently touched surfaces within school and on school buses at least daily as well as between use of shared objects To clean & disinfect school buses, see CDC guidance for bus transit operators Ensure safe & correct application of disinfectants; and keep products away from children Ensure ventilation systems operate properly and increase circulation of outdoor air as much as possible Take steps to ensure all water systems and features (like drinking fountains) are safe after prolonged facility shutdown | | | |



CDC GUIDANCE – May 20

| | | STEP 1 | STEP 2 | STEP 3 | |
|---|---------------------------------|---|---|--|--|
| Safety Actions Continued | Promote Social Distancing | Keep each child's belongs separated & individually labeled in storage containers, cubbies, etc. which are to be taken home and cleaned each day Ensure adequate supplies to minimize shared-use of high-touch items OR limit use by one group at a time, and clean & disinfect between use If food is offered, have pre-packaged boxes or bags for each person; no buffets or family-style meals Avoid sharing food and utensils; electronic devices; toys; books; other learning aids Avoid immediate contact (such ask shaking hands, hugging, etc.) Train all staff in all safety actions. Conduct training virtually or ensure social distance if in-person. | | | |
| | | Restrict nonessential visitors, volunteers, ar Space out seating/desks to at least 6 ft apa Turn desks to face in same direction or hav the table Close communal spaces like game rooms & disinfect between uses Serve meals in separate classrooms instea allergies). Use plated meals and limit share Stagger arrival and drop-off times or locatio contact with parents and caregivers as much | extracurricular activities (STEP 1) tal distancing & proper hand hygiene (STEP 2) nd activities involving other groups rt e students sit, spaced apart, on one side of & dining halls if possible OR stagger use and d of cafeteria (for safety of those with d utensils. | Consider keeping classes of same group of children & same providers each day; Allow minimal mixing between groups Limit gatherings & events to those with social distancing & proper hand hygiene Continue to space out seating & desks to at least 6 ft apart if possible Consider keeping communal spaces like game rooms & dining halls closed if possible OR stagger use and disinfect between uses Consider continuing plated meals & limit shared utensils Consider limiting nonessential visitors, volunteers, & activities Consider staggering arrival and drop-off times OR use other protocols to limit close contact with parents as much as possible | |
| | Limit Sharing | Ensure adequate supplies to minimize shar | a individually labeled in storage containers, cubbies, etc. which are to be taken home and cleaned each day ared-use of high-touch items OR limit use by one group at a time, and clean & disinfect between use as or bags for each person; no buffets or family-style meals c devices; toys; books; other learning aids | | |
| Train All Staff• Train all staff in all safety actions. Conduct training virtually or ensure social distance if in-person. | | erson. | | | |

CDC GUIDANCE – May 20

| | | STEP 1 | STEP 2 | STEP 3 | | |
|--------------------------------|--|--|---|--|--|--|
| Safety Actions Continued | Check for Signs & Symptoms | If feasible, conduct daily health checks of staff and students safely, respectfully, as well as in accordance with any applicable privacy laws or regulations. Confidentiality should be maintained. School administrators may use examples of screening methods in CDC's supplemental Guidance for Child Care Programs that Remain Open for screening children and CDC's General Business FAQs for screening staff. Encourage staff to stay home if they are sick and encourage parents to keep sick children home. | | | | |
| | Plan for when person becomes sick | Identify area to separate anyone exhibiting COVID-19 symptoms during hours of operation. School nurses should use Standard and Transmission-Based Precautions when caring for sick people. Establish procedures for safely transporting anyone sick to their home or healthcare facility if appropriate Notify local health officials, staff, and families immediately of any possible case of COVID-19 while maintaining confidentiality according to the ADA and other applicable privacy laws Close off areas used by any sick person and do not use them until they've been cleaned. Clean & disinfect 24 hours after closing to reduce risk to person cleaning OR wait as long as possible. Ensure safe and correct application of disinfectants and keep products away from children. Advise sick staff or children to not return until they've met CDC criteria to discontinue home isolation Inform those who've had close contact (DEFINE) to person diagnosed with COVID-19 to stay home and self-monitor for symptoms and follow CDC guidance if symptoms develop. If person does not have symptoms, follow appropriate CDC guidance for home isolation. | | | | |
| | Maintain Healthy Operations | sufficient staffing levels.Monitor health clinic traffic. School nurses pDesignate a staff person responsible for re | in staff or children absences due to illness. Have play important role in monitoring health clinic traffi sponding to COVID-19 concerns. Staff should kno nd families for self-reporting of symptoms, and no | | | |
| Closing | | | | adjust operations accordingly ng and poses a risk to community, programs may consider | | |



MORE THAN A MASK





MORE THAN A MASK

| ELIMINATION | Symptomatic staff and students asked to stay home Offer remote learning instead of in-person classroom education |
|----------------|---|
| ENGINEERING | Desks and Chairs are removed to ensure safe social distancing for each space/size Lobby areas, Common spaces, and Gyms are marked to promote social distancing Remove self-service vending, common use items in breakrooms, and lunch rooms |
| ADMINISTRATION | All staff and students asked to self-monitor for symptoms Stagger start times and bus arrivals to minimize # of people arriving at one time; lines Frequent and proper cleaning of high touch areas and items; in between all classes Place hand sanitizer in high-contact locations including entrances, lunchrooms, etc. Display signage throughout building on handwashing and other preventive measures Avoid handing out materials; consider paperless/digital sharing of information |
| PPE | All staff asked to wear a mask during day |



SIMPLE STEPS TO STOP SPREAD

CDC says Staff and Students can do these things to prevent the spread of COVID-19

- Take everyday preventive actions to stop spread of respiratory illness
 - Stay home when sick
 - Cover coughs and sneezes
 - Clean and disinfect frequently touched surfaces
 - Wash hands; use alcohol-based hand sanitizer if soap and water unavailable



ROADMAP to a Healthy REOPENING

Q&A SESSION









Social distancing and some of the other measures don't seem realistic for schools. Should we just focus on making remote learning the best it can be and only offer that?

- There are safety measures you can put in place to minimize spread of virus
- It is important for children to return to schools for their education and social development needs
- Some skills and learning needs to be done in-person and/or hands-on
- Remote learning should not be the first choice of schools or families



Schools have limited financial resources. Which measures give us the biggest return on investment?

- Having ill students and staff stay home
- Use the "More than a Mask" planning tool to design ways to minimize spread

| ELIMINATION | Physically Remove the Hazards | 1. |
|----------------|--|--|
| ENGINEERING | Isolate Workers from the Hazard | 1. |
| ADMINISTRATION | Change the Way Work is Performed | 1. |
| PPE | Protect People with Appropriate Personal Protective Equipment | 1. 2. 3. 4. 5. |



We are limited to the buildings and spaces that we have. How can we be creative to offer education in those spaces safely?

- Consider the Hierarchy of Controls what can you do that is best and most effective
- Stagger start and dismissal times
- Educators change classrooms, not students
- Alternate days or weeks for grades, subjects, last name, etc. and mix the on-site learning with remote learning (consider impact to families)
- Consider all spaces as classroom options with modifications
- Take small group study and tutoring to online groups only



How should we be screening staff and students coming in to the building?

- All staff and students should be self-screening
- Ill staff and students should stay home
 - Be flexible with policies on missed school and work
- If a school has cases of COVID-19, local health officials will help identify those individuals and follow up on next steps.



Children of all ages want to be close to and interact with one another. Do we really need to keep them from interacting or touching?

- You cannot and shouldn't prevent children from touching one another
 - Social and emotional development must still be a focus
- Teachers and students should be aware of and promote good hand hygiene
 - School nurses can provide classroom education
 - Promote hand hygiene process with posters and signage
 - Add hand sanitizing stations if possible

Don't miss the good for the perfect



How do we safely deliver lunch, recess, and other large group activities?

- Follow large group guidelines from State and Local officials
- Lunch
 - Consider plated meal service in classroom or allergy-friendly room
 - No self-serve or shared utensils
 - Utilize one-way traffic flow, pre-packaged items
 - Encourage lunch brought from home to minimize lunch lines
- Recess
 - Focus on cleaning high touch equipment between uses, including playground balls, cones, climbing equipment, swings, etc.



What should we be asking our students to do in regards to mask wearing during lunch, choir, band, gym, etc.?

- Focus on good health practices (CDC recommendations)
 - Stay home if ill
 - Cover coughs and sneezes
 - Clean and disinfect common touch surfaces
 - Good hand hygiene
- If encouraging mask use, educate students on correct and appropriate mask use – wearing, storing, washing
- Choir and Band present unique challenges



What are the recommendations for students per square feet (population density) in classrooms and other shared spaces?

- At least 6 feet social distancing is the standard
- If you can't engineer distance, what can you do?
 - Face desks in same direction
 - Have students sit distanced but on one side of table
 - Look at traffic patterns and ways you can implement administrative controls



We've heard about using re-designed traffic flow patterns to help with social distancing and crowd control. Do our building entrances and exits need to change?

- Entrances, Exits, and Traffic Flow in your building are a good opportunity to decrease density of people at one place and time
- Ensure children are moving from entrances to classrooms directly; do not have children congregate in groups while waiting
- Recommend narrow, one-way traffic flow
- Consider staggered times of entrance and dismissal



What are the HVAC recommendations for schools?

- Consult American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) guidance for information on ventilation and filtration considerations for your building type.
- In general, increasing ventilation and filtration is usually appropriate; however, due to the complexity and diversity of buildings, HVAC system components, and other building features, a professional should interpret ASHRAE guidelines for their specific building and circumstances.



Can we continue to offer field trips?

- CDC Step 1 = Cancel all Field Trips, inter-group events, and extracurricular activities
- CDC Step 2 = Limit gatherings, events, and extracurricular activities to those that can maintain social distancing, support proper hand hygiene, and restrict attendance of those from higher transmission areas
 - Utilize small group sizes that do not mix with other groups
 - Consider alternative ways to give students the experience
 - Virtual Tours
 - Bring the experience to the school



What can we do to encourage students to make the right choice? What can we do if they don't follow our guidelines?

- Equip teachers with resources needed to educate, model, and enforce
- Engage Parents
- Transparent communication with Students and Families early and often on guidelines and enforcement
- Post signs on how to stop the spread of COVID-19, proper hand hygiene, everyday protective measures, and proper use of face covering
- Follow existing policies and guidelines on behavior expectations and enforcement



Several of our teachers are over 55 years old. How do they work one-on-one with children safely? Should teachers and kids be socially distant?

- Schools cannot socially distance teachers and students
- Governor Holcomb's orders mandates to accommodate those teachers who are at high risk, including those at 60+ of age and those with higher risk factors
- Schools should determine how to respond to the accommodation including PTO access, job functions, remote work, etc.



What steps are taken if staff, student, or a family member tests positive?

- Anyone who tests positive is placed in isolation by the health department (away from others in household).
 - If they were symptomatic, they must remain in isolation until:
 - 10 days has passed since symptoms started
 - AND person is fever free for 72 hours without medicine
 - AND person shows overall improvement in symptoms
 - If they were asymptomatic (no symptoms), they must remain in isolation until 10 days has passed since date test was collected
- Close household contacts of positive case <u>must</u>:
 - Stay home and complete 14-day quarantine period (starts on last day of exposure to confirmed case, and they must remained separated from the case).
 - OR if no isolation from positive person in household is possible (such as for a parent caring for a child), the household member's quarantine starts when positive person's isolation period ends; could be 24 day period)



If a child's family member tests positive or is under quarantine for possible exposure, should the child be allowed in center?

- No, child is not allowed to attend school/childcare until they are released from quarantine
- The child must remain home in quarantine and self-monitor for symptoms throughout the family member's isolation period
- The quarantine & self-monitoring period is two weeks (unless they continue to have exposure to the adult family member)
- Childcare centers should consider sending learning opportunities home to children who are quarantining



If a staff member or student tests positive, do we need to close that classroom? The entire school? If yes, for how long?

- Everyone should continue to self-monitor for symptoms
- Contact your local health department
- "High-risk contacts" (being within 6 ft of person for more than 10 minutes without PPE MUST:
 - Individual should begin a 14-day quarantine unless they are an essential worker (special situation applies)
 - If an entire classroom/team/group meets that high risk criteria, the class/team/group should be closed or stopped for the 14-day period.
- If location is part of a larger facility and exposure is limited to one classroom, other areas MAY be able to stay open. *Individual situations may vary and certain situations may result in facility closure for safety.*



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THANK YOU FOR ATTENDING







