# ROADMAP to a Healthy REOPENING

#### **WELCOME!**









## **Parkview Health Update**

## Jolynn Suko, Chief Innovation Officer



#### **GETTING BACK TO BUSINESS**

- The virus is in Community Spread
  - Not limited to one place or area
  - Source cannot be pinpointed
- Now part of our every day
  - Vaccine 12 18 months away
  - No herd immunity
  - Goal to keep surges low and as many people safe as possible
- Implementing and evolving safe practices will help our employees, customers and community



#### **GETTING BACK TO BUSINESS**

- We are here and ready to serve
- Safe practices to help our co-workers, patients and community
- Close monitoring
  - Restarting services gradually
  - Visitor restrictions remain in effect





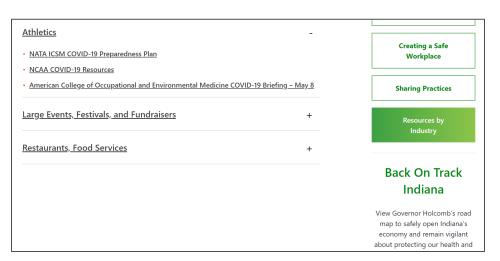
#### **GETTING BACK TO BUSINESS**

How can you re-open safely and wisely?

#### **Parkview Business Connect**

Sharing what have we learned; Sharing the best from others

- Framework for a Healthy Open
  - CDC, State, & Local Guidelines
  - Parkview's Best Practices
  - Best from our Region
- Walk-Through Video of activity spaces to address common questions and solutions.





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# ROADMAP – to a Healthy REOPENING

### **BACK ON TRACK**









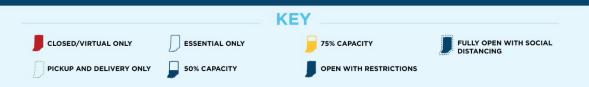
#### **GUIDING PRINCIPLES**

The number of hospitalized COVID-19 patients statewide has decreased for 14 days The state retains its surge capacity for critical care beds and ventilators The state retains the ability to test all Hoosiers who are COVID-19 symptomatic, as well as healthcare workers, essential workers, first responders, and others as delineated on the ISDH website

Health officials have systems in place to contact all individuals who test positive for COVID-19 and complete contact tracing



#### BACK ON TRACK INDIANA PLAN EXPLAINED



	STAGE 1: March 24 - May 4	STAGE 2: May 4 - 23	STAGE 3: May 24 - June 13	STAGE 4: June 14 - July 3	STAGE 5: July 4 and Beyond
Social Gatherings	10 People or Fewer	25 People or Fewer	100 People or Fewer	250 People or Fewer	250+ People Permitted
Facial Coverings	Recommended	Recommended	Recommended	Optional	Optional
Government Offices	Closed to the Public	Limited Public Access	Limited Public Access		
Manufacturing, Industrial	$\square$				
Office Settings		Remote Work Encouraged	Remote Work Encouraged		
Retail	D				
Restaurants	D	📕 May 11th			
Bars and Clubs		J			
Gyms					
Personal Services		May 11th*			
Entertainment and Tourism					
Religious Services		Services May Convene Following Guidelines Starting May 8th	Services May Convene Following Guidelines	Services May Convene Following Guidelines	



# ROADMAP to a Healthy REOPENING

### **NORTHEAST INDIANA UPDATES**









Industry	Date/Time	
Manufacturing/Warehousing	Thursday, April 30 at 9 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
Restaurants/Hospitality	Thursday, April 30 at 11 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
Retail	Thursday, April 30 at 1 p.m.	VIEW RECORDING   DOWNLOAD SLIDES
Other/Small Business	Thursday, April 30 at 3 p.m.	VIEW RECORDING   DOWNLOAD SLIDES
Professional Services/Office	Friday, May 1 at 9 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
Personal Services/Real Estate	Friday, May 1 at 11 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
Religious Institutions	Friday, May 1 at 1 p.m.	VIEW RECORDING   DOWNLOAD SLIDES
Schools/Education	Monday, May 4 at 1 p.m.	VIEW RECORDING   DOWNLOAD SLIDES
Personal Care Services (Spas/Salons/Gyms)	Thursday, May 7 at 1 p.m.	VIEW RECORDING   DOWNLOAD SLIDES
Arts/Cultural/Nonprofit Organizations (Event and Venue Management)	Thursday, May 14 at 9 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
General Public (Navigating Public Spaces)	Thursday, May 14 at 11 a.m.	VIEW RECORDING   DOWNLOAD SLIDES

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## **People & Place Considerations**

## Heather Schoegler, Director, Strategic Educational Partnerships



## WORKPLACE & PEOPLE

#### Preparedness Plan

- Identify a COVID-19 coordinator
- Build flexibility & fluidity into plan
- What stays in your new normal?
  - Virtual Training
  - Live broadcasts of your events and competition



## WORKPLACE & PEOPLE

#### **Preparedness Plan**

- Ask staff. What do they need?
- Ask families. What makes them feel safe about allowing children to participate?
- Communicate & Educate with staff, volunteers, families, and participants on how they can help reduce spread of virus
  - Virtual Staff and Volunteering Training
  - Virtual Parent Meeting



# Athletics & Activities Specific Insights Dr. Mike Knipp, Parkview Total Health Chief Medical Officer

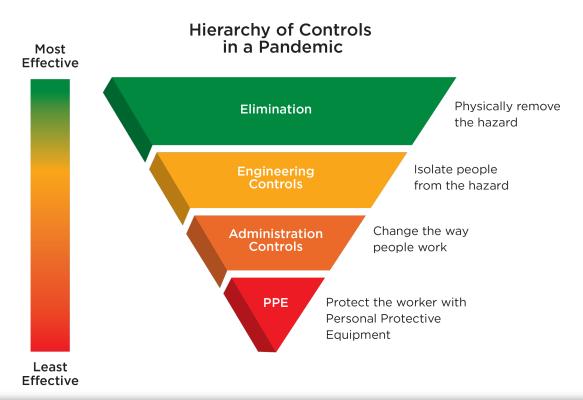


# **GETTING STARTED**

- Identify your COVID-19 coordinator
  - Point person for the organization, coaches, parents, volunteers, etc.
  - Communicates preventative measures, training
  - Communicates any changes to scheduling related to COVID-19
  - Receives all COVID-19 related questions to circulate and answer
- Determine if you're ready to open and begin activities
- July 4 is not the finish line. Think about long-view.



#### MORE THAN A MASK





#### MORE THAN A MASK

ELIMINATION	<ul> <li>Symptomatic staff and children asked to stay home</li> <li>Offer remote training instead of in-person training or practices</li> <li>Limit facilities to staff and participants only, no parents</li> </ul>
ENGINEERING	<ul> <li>Stands, benches, other seating areas are removed to ensure safe social distancing for each space/size</li> <li>Lobby areas, Common spaces, and Gyms are marked to promote social distancing</li> <li>Remove self-service vending, common use items</li> </ul>
ADMINISTRATION	<ul> <li>All staff and children asked to self-monitor for symptoms</li> <li>Stagger start times to minimize # of people arriving at one time; lines; and crowds in stands</li> <li>Frequent and proper cleaning of high touch areas and items; in between all groups</li> <li>Place hand sanitizer in high-contact locations including entrances, benches, etc.</li> <li>Display signage throughout building on handwashing and other preventive measures</li> <li>Avoid handing out materials; consider paperless/digital sharing of information</li> </ul>
PPE	All staff asked to wear a mask



## SIMPLE STEPS TO STOP SPREAD

CDC says Staff and Children can do these things to prevent the spread of COVID-19

- Take everyday preventive actions to stop spread of respiratory illness
  - Stay home when sick
  - Cover coughs and sneezes
  - Clean and disinfect frequently touched surfaces
  - Wash hands; use alcohol-based hand sanitizer if soap and water unavailable



## SIMPLE STEPS TO STOP SPREAD

Specific to Athletics and Activities

- Do not share or minimize shared equipment
- Launder clothing and uniforms more frequently (after each use)
- Clean equipment regularly at home with EPA recommended cleaner
- Replace personal items like mouth guards after illness
- Physicals should be done by local Pediatrician or Primary Care Doctor – whether or not it's required



# ROADMAP to a Healthy REOPENING

#### **Q&A SESSION**









What do we need to know about multisystem inflammatory syndrome in children? We know that children aren't at high-risk to die from COVID-19 but do we need to be concerned about the new development?

- New child complications do not change course of action
- Childcare centers should expect to have children sent home and self-monitor



# What is the Fall sport and activity forecast? What about Spring?

- We anticipate the return of sports and extra curriculars this Fall
- What, When, and How may look different
  - Schedule
  - # of Participants at one time
  - "Simmer" Strategy
  - Focus must be safety of players, families, and staff
- The Spring season will look like the Fall as there will likely be no widely accessible vaccine until Summer 2021 or later



Do teachers and coaches need to wear a mask in a gym, choir, or band setting?

- Remind individuals about all the ways they can maintain good hygiene; "More than a Mask"
- For instructors, a face shield may be more appropriate for the use than a cloth mask
- If you mandate, you should be able to provide masks for all staff working with participants in close proximity
  - Face Shield OR
  - 3 Cloth Masks per person one to wear, one to wash, and one as back-up



#### Should participants wear masks?

- Remind individuals about all the ways they can maintain good hygiene; "More than a Mask"
  - Sick staff and participants should stay home
  - Promote good hand hygiene
  - Social distancing if feasible
- For athletes, the mask may be more harmful and cause overheating or reduced needed inhalation



#### Can participants share equipment?

- Continue good cleaning of shared items and common touch surfaces between use including:
  - Helmets
  - Bats, Rackets, Flags, etc.
  - Balls, Pucks, etc. (if not handled wearing glove)
- Soiled items should be cleaned thoroughly

#### Don't miss the good for the perfect



Can we allow spectators at events? If yes, how do we do so while minimizing risk of virus spread?

- Follow State and Local guidance on size of groups allowed and specific activity recommendations
- Start by considering all your "places" where spectators would be including Parking, Lobby, Ticketing, Stands, and Restrooms
- Design your entry and exit to support one-way traffic flow
- Limit the number of people in each "place"



What measures should we consider implementing for concessions at events?

- All staff and volunteers should be communicated with about expectations and precautions prior to working in concessions
- Staff/Volunteer Focused
  - Maintain 6ft distance if feasible
  - Wear mask
  - Wash hands regularly
- Customer Focused
  - 6ft distance marked in line
  - One-way traffic
  - Touchless payment options
- Communicate regularly prior to event and throughout about concessions and encourage purchases throughout event, not just at prime times



#### Can we continue to offer team meals?

- Follow Governor's order on dining area capacity and no more than six people per table
- Use Hierarchy of Controls and design the space to accommodate social distancing PPE, Hand washing, Hand sanitizing, Disinfecting
- Eliminate "pot luck" or buffet style meals; good, new normal.
  - Commercial kitchen prepared food only
  - No self-service, shared utensils, or drink stations
  - Disposable plates, silverware, etc.



Can participants stand in a close row; sit on a bench; or do they need to remain 6 feet apart?

- If you are conducting games or competitions, you've received permission to do by State and Local officials and your activity's governing body.
- Social distancing of 6 feet is ideal if feasible
- Consider ways to use your entire space for the function of a 'bench'



What are some creative ways organizations are offering activities?

- Parkview Sports Medicine offered virtual performance training to athletes
- Choir practices can be offered through remote technology
- Livestream practices and/or competitions for parents if you limit access to facility.
  - Can you monetize the viewing?
- Stand 6 ft apart for National Anthem; Starting Line-ups; Curtain Call
- Teach choreography by posting YouTube videos



Who makes the decision on what is or is not done?

Same individuals or groups who make the decision currently:

- For Your Activity and Place
  - State and Local government
  - Accrediting and/or governing body of your sport or activity
  - Organization's Board and/or Administration
- For Your Participants
  - Above and
  - Coach
  - Parent and Participant



Some of our participants and staff are in vulnerable populations. Can we keep them involved?

- Vulnerable:
  - Those individuals at risk for higher complications from COVID-19; they are at equal risk of getting the virus.
  - Physician qualifies those who are vulnerable
- Identify "super-user" for individuals who may be vulnerable or have developmental needs
- Have a plan in place to offer accommodations as needed
- Participation is important for an individual's social and emotional development



#### What steps are taken if a participant tests positive?

- Anyone who tests positive is placed in isolation by the health department (away from others in household).
  - If they were symptomatic, they must remain in isolation until:
    - 10 days has passed since symptoms started
    - AND person is fever free for 72 hours without medicine
    - AND person shows overall improvement in symptoms
  - If they were asymptomatic (no symptoms), they must remain in isolation until 10 days has passed since date test was collected
- Close household contacts (including roommates) of positive case <u>must</u>:
  - Stay home and complete 14-day quarantine period (starts on last day of exposure to confirmed case, and they must remained separated from the case).
  - OR if no isolation from positive person in household is possible (such as for a parent caring for a child), the household member's quarantine starts when positive person's isolation period ends; could be 24 day period)



If a staff member or participant tests positive, should all members of the team or group quarantine? Do we close the facility? If yes, for how long?

- Everyone should continue to self-monitor for symptoms
- Contact your local health department
- "High-risk contacts" (being within 6 ft of person for more than 10 minutes without PPE MUST:
  - Individual should begin a 14-day quarantine unless they are an essential worker (special situation applies)
  - If an entire classroom/team/group meets that high risk criteria, the class/team/group should be closed or stopped for the 14-day period.
- If location is part of a larger facility and exposure is limited to one closed area (room), other areas MAY be able to stay open. *Individual situations may vary and certain situations may result in facility closure for safety.*



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## **THANK YOU FOR ATTENDING**







