# ROADMAP to a Healthy REOPENING

#### **WELCOME!**









## **Parkview Health Update**

## Jolynn Suko, Chief Innovation Officer



#### **GETTING BACK TO BUSINESS**

- The virus is in Community Spread
  - Not limited to one place or area
  - Source cannot be pinpointed
- Now part of our every day
  - Vaccine 12 18 months away
  - No herd immunity
  - Goal to keep surges low and as many people safe as possible
- Implementing and evolving safe practices will help our employees, customers and community



#### **GETTING BACK TO BUSINESS**

- We are here and ready to serve
- Safe practices to help our co-workers, patients and community
- Close monitoring
  - Restarting services gradually
  - Visitor restrictions remain in effect





#### **GETTING BACK TO BUSINESS**

How can you re-open safely and wisely?

#### **Parkview Business Connect**

Sharing what have we learned; Sharing the best from others

- Living document
  - Workplace considerations
  - People considerations
  - Best practice Resources page

#### Additional Resources by Industry

Note: Please reference national, state and local governing boards and institutions for most current information.

#### **Education**

#### General

- US Board of Education's COVID-19 Resources
- <u>CDC's guidelines for COVID-19 in Education</u>
- <u>CDC's Schools and Child Care Checklists</u>
- Helping your child manage during COVID-19

#### **Childcare Centers**

- <u>CDC's Interim guidance for K-12 and Childcare Centers</u>
- <u>CDC's guidelines for those who remain open</u>
- ISDH Guidance for Childcare Centers

#### Business Connect

Contact our Parkview team to be connected with resources and receive guidance on how to safely reopen your business. We're here to help!

> Contact Us Today

Reopening the Workplace



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# ROADMAP – to a Healthy REOPENING

### **BACK ON TRACK**









#### **GUIDING PRINCIPLES**

The number of hospitalized COVID-19 patients statewide has decreased for 14 days The state retains its surge capacity for critical care beds and ventilators The state retains the ability to test all Hoosiers who are COVID-19 symptomatic, as well as healthcare workers, essential workers, first responders, and others as delineated on the ISDH website

Health officials have systems in place to contact all individuals who test positive for COVID-19 and complete contact tracing



#### BACK ON TRACK INDIANA PLAN EXPLAINED



	STAGE 1: March 24 - May 4	STAGE 2: May 4 - 23	STAGE 3: May 24 - June 13	STAGE 4: June 14 - July 3	STAGE 5: July 4 and Beyond
Social Gatherings	10 People or Fewer	25 People or Fewer	100 People or Fewer	250 People or Fewer	250+ People Permitted
Facial Coverings	Recommended	Recommended	Recommended	Optional	Optional
Government Offices	Closed to the Public	Limited Public Access	Limited Public Access		
Manufacturing, Industrial	D				
Office Settings	$\square$	Remote Work Encouraged	Remote Work Encouraged		
Retail	D		9		
Restaurants	D	📕 May 11th			
Bars and Clubs					
Gyms					
Personal Services	J	May 11th*	J	J	
Entertainment and Tourism					
Religious Services		Services May Convene Following Guidelines Starting May 8th	Services May Convene Following Guidelines	Services May Convene Following Guidelines	



# ROADMAP to a Healthy REOPENING

### **NORTHEAST INDIANA UPDATES**









Industry	Date/Time	
Manufacturing/Warehousing	Thursday, April 30 at 9 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
Restaurants/Hospitality	Thursday, April 30 at 11 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
Retail	Thursday, April 30 at 1 p.m.	VIEW RECORDING   DOWNLOAD SLIDES
Other/Small Business	Thursday, April 30 at 3 p.m.	VIEW RECORDING   DOWNLOAD SLIDES
Professional Services/Office	Friday, May 1 at 9 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
Personal Services/Real Estate	Friday, May 1 at 11 a.m.	VIEW RECORDING   DOWNLOAD SLIDES
Religious Institutions	Friday, May 1 at 1 p.m.	VIEW RECORDING   DOWNLOAD SLIDES
Schools/Education	Monday, May 4 at 1 p.m.	VIEW RECORDING   DOWNLOAD SLIDES

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Zulu

# Workplace & People Considerations Dena Jacquay, Chief Community & Human Resource Officer



### WORKPLACE & PEOPLE

#### Preparedness Plan

- Identify a workplace coordinator
- Build flexibility & fluidity into plan
- Consider policies & practices for the vulnerable
  - Students, Faculty, and Staff
- What stays in your new normal?



### WORKPLACE & PEOPLE

#### **Preparedness Plan**

- Communicate and Educate with co-workers, students, and families on how they can help reduce spread of COVID-19
- Ask faculty and staff. What do they need?
- Ask students and parents. What makes them feel safe in your school?



#### WORKPLACE & PEOPLE

#### Return to Work Process for ill co-workers

Co-workers must call the COVID-19 Hotline if they:	Have questions/concerns regarding COVID-19 symptoms, community exposure, recent travel, family illness, or the return to work process.
Co-workers MAY NOT report to work if they are:	Exhibiting a fever of ≥ 100 degrees, have a persistent cough, and/or shortness of breath. Hotline representative will confirm coworker's need for a leave of absence based on symptom screening and provide estimated return to work date.
Co-workers MAY return to work when:	At least 7 days have passed since symptoms first appeared AND at least 72 hours have passed since fever has resolved without the use of fever-reducing medications. Co-worker must call 260-425-5490 as part of the return to work process.



# Higher Education Specific Insights Dr. Mike Knipp, Parkview Total Health Chief Medical Officer



## **GETTING STARTED**

- Identify your workplace coordinator.
- Determine if you're ready to open.
- July 4 is not the finish line. Think about long-view.



#### MORE THAN A MASK





#### MORE THAN A MASK

ELIMINATION	<ul> <li>Symptomatic staff and students asked to stay home</li> <li>Offer remote learning instead of in-person classroom education</li> </ul>
ENGINEERING	<ul> <li>Desks and Chairs are removed to ensure safe social distancing for each space/size</li> <li>Lobby areas, Common spaces, and Gyms are marked to promote social distancing</li> <li>Remove self-service vending, common use items in breakrooms, and lunch rooms</li> </ul>
ADMINISTRATION	<ul> <li>All staff and students asked to self-monitor for symptoms</li> <li>Stagger start times to minimize # of people arriving at one time; lines</li> <li>Frequent and proper cleaning of high touch areas and items; in between all classes</li> <li>Place hand sanitizer in high-contact locations including entrances, dining halls, dorms, etc.</li> <li>Display signage throughout building on handwashing and other preventive measures</li> <li>Avoid handing out materials; consider paperless/digital sharing of information</li> </ul>
PPE	All staff asked to wear a mask during day



### SIMPLE STEPS TO STOP SPREAD

CDC says Staff and Students can do these things to prevent the spread of COVID-19

- Take everyday preventive actions to stop spread of respiratory illness
  - Stay home when sick
  - Cover coughs and sneezes
  - Clean and disinfect frequently touched surfaces
  - Wash hands; use alcohol-based hand sanitizer if soap and water unavailable



# ROADMAP to a Healthy REOPENING

#### **Q&A SESSION**









How do you offer education in a classroom environment while keeping staff and students well?

- Ill staff and students should stay home; not attend class in person
- Maintain social distancing
  - Restrict class size, divide into smaller groups
  - Use larger or different rooms
  - Mix in-class and remote learning for groups
  - Live-stream all classes for those who need to access remote
- Provide and encourage hand hygiene (washing or sanitizing)
- Mask staff and students



Should we make masks mandatory for staff and students?

- Remind individuals about all the ways they can maintain good hygiene; "More than a Mask"
- Masks can be individual choice
- Masks can be allowed and supported
- If you mandate, you should be able to provide masks for all staff and students
  - 3 Masks per person one to wear, one to wash, and one as back-up



What is best practice for cleaning classrooms, shared spaces, dorms, etc.?

- Follow the CDC and EPA recommendations for frequency of cleaning and cleaners that kill the virus causing COVID-19
- Add hand sanitizer stations where you want to people to have clean hands
  - Increases visibility and use
- Encourage students to participate in the cleaning of their personal spaces



What are the recommendations for students per square feet (population density) in classrooms and other shared spaces?

- 6 feet social distancing is the standard
- If you can't engineer distance, what can you do?
  - Look at traffic patterns and ways you can implement administrative controls
  - Promote good hand hygiene and respiratory etiquette
  - Have ill students and staff stay out of the classroom



What are some creative ways schools are planning to open in the Fall?

- Starting semester early in order to have students home by Thanksgiving and finishing final two weeks remote in order to avoid peak Influenza season
- Minimize breaks or days off in order to complete semester quickly
- Utilizing non-traditional areas for classroom learning (like gym being used for large, socially-distanced lectures)
- Adjusting class schedule to run Monday-Saturday and scheduling inclass times for smaller groups; splitting class times between in-person and remote learning



What is practical advice on keeping independent young adults socially distant on a college campus?

- Students are going to continue their regular behavior
- Promote healthy choices and good hand hygiene
  - Promote hand hygiene process with posters and signage
  - Add hand sanitizing stations if possible

Don't miss the good for the perfect



How do we open Residence Halls while minimizing the spread of COVID-19?

- Look at "CDC Shared and Congregate Housing Recommendations"
- Plan for students who need to quarantine or isolate and cannot return home to do so:
  - Designated housing accommodations for those who are:
    - Isolation separate the sick from the unsick
    - Quarantine watch those who are exposed
  - Personal care students should have their own personal care items while isolated
  - Food Service no shared utensils; delivered to designated accommodations
  - Restrooms no shared access by anyone outside of isolation



Should we be screening staff and students prior to every class or arrival on campus?

- Per the CDC, schools are **not expected** to screen children, students, or staff to identify cases of COVID-19.
- All individuals should be self-screening (see Parkview.com's Symptom Checker)
- Ill staff and students should stay home and see campus health provider
  - Be flexible with policies on missed school and work
- If a school has cases of COVID-19, local health officials will help identify those individuals and follow up on next steps.



Should we be doing temperature checks upon arrival to campus, or prior to entering buildings or classrooms?

- Temperature Checks may fulfill a governmental, industry, or public/employee expectation or requirement, but
  - Have not been proved effective during past pandemics and current COVID-19 pandemic at identifying infected persons (*Gostic et al. 2015 & 2020*)
  - Consumes PPE and other resources which may be costly and difficult to obtain and maintain
  - Exposes screener to multiple persons
  - Produces a high volume of protected health information that must be appropriately managed
  - Is not recommended as part of a COVID-19 surveillance program



How can we design the campus to minimize crowds and gatherings of students?

- Where are they congregating? Each space needs to be considered.
- Indoors
  - Design one-way flow of pedestrians to improve traffic flow
  - Limit Access who should be allowed: all students, staff, general public?
  - Remove or reduce seating and tables to discourage group gatherings
  - Stagger class schedules to minimize traffic in hallways and allow for proper cleaning
- Outdoors
  - Similar methods as above



Are there additional considerations for hands-on, practical training like labs, welding, CNC, etc.?

- The same hierarchy of controls can be applied in this setting as in a regular classroom or other physical space setting
- Elimination, Engineering, and Administrative control ideas:
  - Extend lab hours to allow for smaller groups in space
  - What can be offered virtually?
    - Parkview Sim Lab can work to build training opportunities for your students



Should we allow students to continue with internships, practicums, student teaching, etc.?

- Consider the same controls as in-person classroom education:
  - Ill students should not continue any in-person education or training.
  - Does the host location offer the same or better hierarchy of control measures to ensure minimal virus spread? If yes, you could allow students to continue.



Several of our staff are over 55 years old. How do they work one-on-one with students safely? Should staff and students be socially distant?

- Schools cannot likely socially distance teachers and students. Consider other methods in the hierarchy of controls.
  - Offer faculty opportunity to perform duties remotely
- Accommodate those teachers who are at high risk, including those at 60+ of age and those with higher risk factors
  - Schools should determine how to respond to the accommodation including PTO access, job functions, remote work, etc.



# Should we be planning for another surge in the Fall or Spring semester?

- Yes, there is a likelihood of increased positive tests in our communities.
- You will have a case on your campus. It doesn't automatically mean you close your entire campus. Work with local health officials if and when a positive case occurs.
- Specifically watch in the weeks after holidays, large events, reopening in your area, and other times when increased activity and larger groups will have occurred.



#### What steps are taken if staff or a student tests positive?

- Anyone who tests positive is placed in isolation by the health department (away from others in household).
  - If they were symptomatic, they must remain in isolation until:
    - 10 days has passed since symptoms started
    - AND person is fever free for 72 hours without medicine
    - AND person shows overall improvement in symptoms
  - If they were asymptomatic (no symptoms), they must remain in isolation until 10 days has passed since date test was collected
- Close household contacts (including roommates) of positive case <u>must</u>:
  - Stay home and complete 14-day quarantine period (starts on last day of exposure to confirmed case, and they must remained separated from the case).
  - OR if no isolation from positive person in household is possible (such as for a parent caring for a child), the household member's quarantine starts when positive person's isolation period ends; could be 24 day period)



If a staff member or student tests positive, do we need to close that classroom? The entire school? If yes, for how long?

- Everyone should continue to self-monitor for symptoms
- Contact your local health department
- "High-risk contacts" (being within 6 ft of person for more than 10 minutes without PPE MUST:
  - Individual should begin a 14-day quarantine unless they are an essential worker (special situation applies)
  - If an entire classroom/team/group meets that high risk criteria, the class/team/group should be closed or stopped for the 14-day period.
- If location is part of a larger facility and exposure is limited to one classroom, other areas MAY be able to stay open. *Individual situations may vary and certain situations may result in facility closure for safety.*



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### **THANK YOU FOR ATTENDING**







