# ROADMAP to a Healthy REOPENING

#### **WELCOME!**









### Welcome

#### Dena Jacquay, Chief Community & Human Resource Officer





#### Your Children, Schools, and Parkview.

- We've been listening. We want to help.
  - Parent Survey
  - Guidance from CDC and Indiana's IN-CLASS guidelines
  - Engagement with regional school districts
- The virus is in Community Spread; part of our every day.
  - Source is not able to be pinpointed
  - Children are no more at risk for getting virus at school as they are at the baseball diamond or grocery store.
- School plans are focused on improving safety for students, families, and staff.



#### **Our Focus**

• The WHY on return to school plans

PARKVIEW

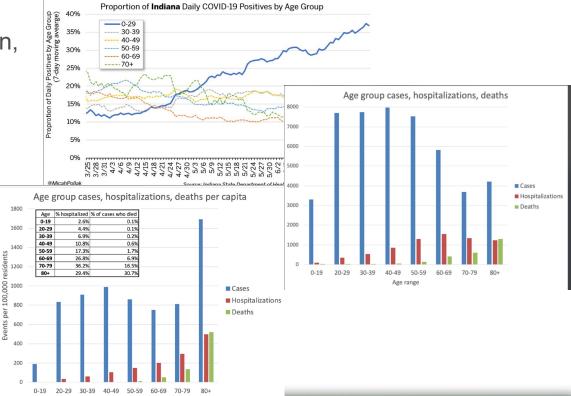
- Impact on Children
- Safety Measures
- WHAT you might expect
- HOW you can support

#### **Current State of** COVID-19 & Our Kids Dr. Tony GiaQuinta, **PPG** Pediatrician **President, Indiana Chapter of American Academy of Pediatrics**



#### COVID-19 Risk to Children

- Children are 25% of population, 2% of cases
- Hospitalization rate of 0.1/100,000 (7.4/100,000 in adults)
- Mortality exceedingly rare
- Multisystemic inflammatory syndrome in children





#### Value of In-Person Education

#### 🔂 Education

Brain Development

Social skills

- Coping skills/Mental Health
- Safe environment

#### Mutrition

Activities/Hobbies/Talents



### **Why Safety Measures Matter**

#### Mindy Waldron, Administrator, Allen County Health Department

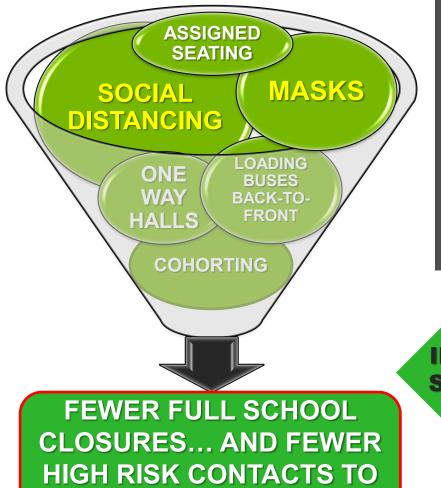


# WHY implement COVID-19 Prevention measures in schools?

**IDOE Guidance** recommends potential 2-5 day closures for cleaning and contact tracing each time there is a case found in a school.

**Schools and local health** S S departments will be faced with difficult decisions when cases occur.

THE MORE **PROTECTIONS** SCHOOLS have in place to lessen contact and spread, the easier the decisions will be...



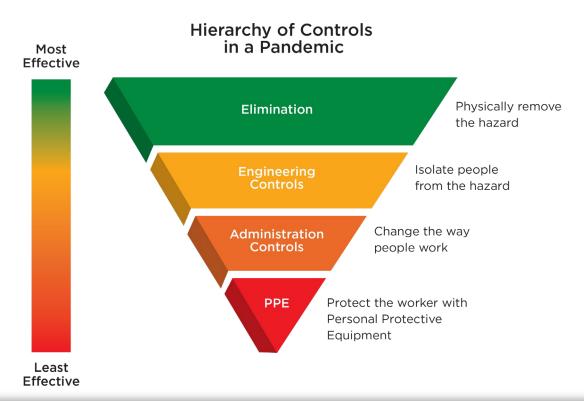
**QUARANTINE!** 

What can schools do to make the decisionmaking easier when there are cases?

IMPLEMENT AS MANY PROACTIVE SAFETY MEASURES AS POSSIBLE!



#### MORE THAN A MASK





#### **5 Things All Schools Are Doing**

ELIMINATION	<ul> <li>Symptomatic staff and students asked to stay home</li> </ul>
ENGINEERING	Design spaces that support social distancing
ADMINISTRATION	<ul> <li>Clean hands in; clean hands out. Everywhere you want individuals to have clean hands (thereby reducing spread of virus), you need to have soap and water or hand sanitizer with 60% alcohol.</li> <li>Cohort students – in classrooms, on bus, in teams.</li> </ul>
PPE	<ul> <li>Masks are mandatory indoors and out when social distance cannot be obtained (3<sup>rd</sup> grade and higher).</li> <li>Many schools have also mandated masks for all or specific age groups.</li> </ul>

- Be consistent and diligent but don't miss the good for the perfect.
- Make the best choices the easiest choices.
- Model and use positive words about the safe and simple measures schools are using.
- Prepare for and support additional changes during the school year.



#### Experiences to Expect

- Kids will wear a mask at school but it will not be on them every minute of the entire day.
- Kids will have assigned seats on the bus, in the classroom, and in the cafeteria.
- Kids will be assigned to "pods" or cohorts so that it is easy to identify the people they were around closely throughout the day.
- Students will be offered hands-on learning opportunities and will be able to have gym and recess.



#### Experiences to Expect

- Teachers will be supported in instructing in the ways that allow children to learn best while utilizing safety measures like masks and hand hygiene.
- School schedules through the day may have shifted a bit to allow for time to clean between classes; or decrease the number of kids standing in line for lunch, recess, or gym.
- Extra-curricular activities may look a little different from what is offered; who can watch; or where you watch.



#### Experiences to Expect

- Your child may be asked to quarantine at home for 14 days if they are considered to have had a high-risk exposure.
- Your child's classroom, grade, or school may need to close for 2-5 days if your local health department identifies the need to based on positive COVID-19 tests, the safety measures used, and cleaning required to reopen the area(s).



# **Applying the Why**

#### Mindy Waldron, Administrator, Allen County Department of Health



WHAT WILL HAPPEN WHEN THERE ARE COVID-19 CASES IN A SCHOOL THIS FALL?

# Let's talk about

IF "x" happens IF will occur IF We decide?



- Middle School Math Teacher tests positive.
- Only teaches math in one classroom, but have several classes during the day.
- Worked 2 days while she was infectious.
- Approximately 200 student/staff were exposed during those 2 days.

#### WHAT NOW?



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- Only teaches math in one classroom, but have several classes during the day.
- Worked 2 days while she was infectious.
- Approximately 200 student/staff were exposed during those 2 days.

IF THE TEACHER STAYED AT THE FRONT OF THE CLASS AT LEAST 6' FROM OTHERS (and wore a mask):

- Minimal risk of exposure
- Very few people would need quarantined
- School may only need to clean specific areas and *MAY* not need to close.



- 2 High Schools play football on Friday night.
- A player on your team gets sick on Sunday, is tested, and stays home Monday.
- He tests positive and informs the school on Tuesday.
- WHAT NOW?

#### WHAT NOW?



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- A player on your team gets sick on Sunday, is tested, and stays home Monday.
- He tests positive and informs the school on Tuesday.
- WHAT NOW?

- The other team should be notified
- If he attended school on Fri (2 days before symptoms started = infectious), cleaning MAY/MAY NOT need to occur and we'd start the contact investigation to see who was exposed.
   THOSE IN QUARANTINE:
- Anyone w/in 6' of the person for greater than 15 mins during school or at the game
- This could be a good portion of the team, coaches, some players on other team, and many students and teachers from Fri at school.



### **Supporting Your Students**

#### Dr. Tony GiaQuinta, PPG Pediatrician

**President, Indiana Chapter of American Academy of Pediatrics** 



### Evaluate Your Choices

CDC Back to School Decision Tool

Walks you through your evaluation of:

Your school's plan

#### **Back to School Decision Making Tool**

Note: These questions address your views about how your school is preparing for school year 2020-2021. If you answer "unsure" to any items regarding your school's plan, consider reaching out to your school administrator for more information.

	Does Not Apply	Disagree	Unsure	Agree
I feel comfortable with my school's reopening plans for reducing risk of spreading COVID-19.	0	0	$\bigcirc$	0
I believe my school has the resources needed to effectively implement their reopening plan (e.g., staffing, supplies, training).	0	0	$\bigcirc$	0
I feel comfortable with my school's plan if a student or staff member test positive for COVID-19.	0	0	$\bigcirc$	0
I believe my school has a plan to provide an effective program of instruction every day of the regular school week (generally five days).	0	0	$\bigcirc$	0
I am satisfied with how my school communicates with families about the changes it is considering.	0	0	$\bigcirc$	0
I am satisfied with how my school is addressing parents' or caregivers' concerns and questions.	$\bigcirc$	0	$\bigcirc$	$\bigcirc$
My child knows how to properly wear a cloth face covering and understands the importance of doing so.	0	0	$\bigcirc$	0
My child can wear a cloth face covering for an extended period of time, if required by the school.	$\bigcirc$	0	$\bigcirc$	$\bigcirc$
My child has a reliable mode of transportation to and from school (e.g., school bus, carpool, walk/bike, public transit).	0	0	0	0
I am comfortable with how my child's mode of transportation to and from school is reducing the risk of spreading COVID-19 (e.g., decreased bus/transit capacity, wearing masks, increased cleaning and disinfecting practices).	0	0	0	0



### Evaluate Your Choices

CDC Back to School Decision Tool

Walks you through your evaluation of:

- Your school's plan
- Your virtual/at-home readiness
- Your student's academic and social-emotional well-being

#### Virtual/At-Home Learning Feasibility

Note: The questions in this section assess whether virtual learning would be feasible for you and your child.

	Does Not Apply	Disagree	Unsure	Agree
I am able to work while my child is not in school (i.e., can still successfully do my job or I am able to telework.	0	0	0	0
I have access to reliable internet and a device, such as a computer or tablet, which my child can use for virtual learning.	0	0	0	0
I can supervise or identify someone who can supervise my child during periods of virtual/at home learning.	0	0	0	0
My child has a space where I live that is free of distractions during school hours.	0	0	0	0
My school provides a virtual learning option that allows students to have real-time interactions with their teachers (e.g., have live instruction).	0	0	0	0
My child's learning style and needs are compatible with digital modes of learning.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

Academic and Social-Emotional Wellbeing				
My child will be able to keep up academically through virtual/at-home learning.	0	0	0	$\bigcirc$
My child will receive quality education through virtual/at-home learning.	0	0	0	$\bigcirc$
My child will be sufficiently engaged during prolonged periods of virtual/at-home learning.	0	0	0	$\bigcirc$
My child will be able to stay socially onnected during prolonged periods of virtual/at-home learning.	0	0	0	0
If my child needs specialized adaptive communication devices, equipment, or learning aides, I am able to have them where I live.	0	0	0	0



CS 318258-C 07/25/2820

### Evaluate Your Choices

CDC Back to School Decision Tool

Walks you through your evaluation of:

- Your school's plan
- Your virtual/at-home readiness
- Your student's academic and social-emotional well-being
- Your child's school-based services, if applicable

#### **School-Based Services**

Note: The questions below review some school-based services that your family may be using. You may want to consider whether you have been able to access these services through a virtual/at home learning option, your satisfaction with the services to date, and whether you would prefer to receive these services in school. If your child is at higher risk for severe illness and relies on school-based services that are only available on site, you may want to have additional conversations with your school to address concerns you may have.

	Does Not Apply	Disagree	Unsure	Agree
If your child has an Individualized Education Program (IEP) or other specialized learning or behavior plan My child is able to receive the required (IEP learning accommodations through a virtual/at-home learning option that meets my family's needs.	0	0	0	0
If your child receives school-based learning services (e.g., tutoring before or after school) My child is able to receive needed school-based learning services through a virtual/at-home learning option that meets my family's needs.	0	0	0	0
If your child receives school-based nutrition services (e.g., school breakfast or lunch) My child has an alternative to the nutrition services provided in school stat adequately meets our family's needs (Your school district's child nutrition website may have this information]. <sup>1</sup>	0	0	0	0
If your child receives school-based behavioral services (e.g., social skills training, occupational therapy, speech/ language therapy) My child is a bie to receive needed behavioral services through a virtual/at-home option that meets my family's needs.	0	0	0	0
If your child receives school-based emotional or mental health services My child is able to receive needed emotional or mental health services through a virtual/at-home option that meets my family's needs.	0	0	0	$\bigcirc$
If your child attends after care (including after school clubs and activities) provided by the school My child has an alternative to the after-care services provided by schools that adequately meets my family's needs.	0	0	0	0

<sup>1</sup>School meals in some states may still be available to parents with kids for children learning from home, although this may be subject to change Learn about parent meal pick-up options here: <u>https://www.fns.usda.gov/meals4kids</u>



#### cdc.gov/coronavirus

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#### How to Support Students

- Practice Behaviors Now
- Positive Conversations
- Support Teachers



#### How to Support Students - ABCs

- A is for ATTITUDE
- B is for BALANCE
- C is for COMFORT
- D is for DETAILS



# ROADMAP to a Healthy REOPENING

#### **Q&A SESSION**









# Q: What are the guidelines for when students should stay home from school?

Answer:

Students and staff should stay home when they are experiencing any <u>symptoms related to COVID-19</u> including:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches

- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



#### Q: If my child becomes ill or has symptoms, what do we do?

- STAY HOME!
- Contact your family doctor.
- If you don't have a doctor, you can call 1-877-PPG-TODAY and they will help walk you through your next steps.



# Q: What are the guidelines for when and who to report symptoms or a positive test to?

Answer:

**Symptoms** 

- If students or staff exhibit symptoms of COVID-19 that are not otherwise explained, they should report it to the school and stay home.
- Consult your doctor and possibly seek testing.
- Positive Test
- If a member of your immediate family has a positive test and/or is told to quarantine, you should notify your school so the proper protocols can be followed for other children and staff.

Schools are removing barriers (for example: absence penalties) and supporting these choices. Students sent home will likely be given the opportunity to continue with remote learning so they don't fall behind.



# Q: How will parents be notified if there is a positive case in the school?

Answer:

The School OR the local Department of Health will be reaching out to families of children who have been exposed. All families will not be alerted to every case – only when there is a perceived risk to their child requiring an action to be taken.

The Schools will be working closely with the Department of Health on gathering information to aid in contact tracing.



# Q: What needs to happen for my child to return to school after quarantine?

Answer:

<u>After quarantine w/no symptoms</u>: After they have quarantined for the required 14 days after their exposure, and if having no symptoms, they may return.

<u>After quarantine **w/symptoms**</u>: If someone develops symptoms during quarantine, they should consult with their doctor, and be tested. They should isolate for a minimum of 10 days from symptom onset (regardless of test result). May return after 10 days have passed since symptoms started.



# Q: What needs to happen for my child to return to school after isolation?

Answer:

<u>After isolation/positive test (**w/ symptoms**)</u>: Can return when they are fever free for 24 hrs w/o medications, AND their symptoms have improved, AND at least 10 calendar days have passed since symptoms first started.

<u>After isolation/positive test (w/o symptoms)</u>: Can return when at least 10 calendar days have passed since the date the test was collected.



Q: What do you recommend kids do when they return home at the end of the day? Should they be sanitizing backpacks and taking an immediate shower? What about cleaning and re-using masks?

- Wash their hands with soap and water for 20 seconds
- Put their mask in the laundry to be washed
- Change clothes and put dirty clothes in laundry
- Ask them about their day



Q: For the older grades, what will passing periods look like?

Answer: Each school will handle this differently but some things we have heard schools are doing:

- No congregating
- Clean hands as they exit into hallways
- One-way traffic so that kids are all facing and moving in the same direction
- Staggering times so that there aren't as many kids in the hall at the same time
- Masks if they aren't socially distanced



# Q: Will precautions in a classroom prevent children from learning well or as much as in past years?

Answer: Precautions will be incorporated in ways that support quality learning. If they are using the

Hierarchy of Controls,

 Teachers and students will be able to interact with one another.



Valley of the Sun YMCA; NPR June 24, 2020



# Q: How can we help our kids deal with peer pressure from friends who don't want to wear a mask or teachers who don't want to enforce precautions in the classroom?

- With the State's mandate, students will all need to be in masks when social distance is not possible. This will help it be an "all" approach and not a "you" approach.
- Practice healthy choices now so it's not a big deal to kids in school.
- Make sure your kids are supported on all issues where they may experience peer pressure.



#### Q: Can students participate in band and choir safely?

- Like all extra-curriculars, there may be additional precautions such as social distancing and mask wearing. Practices may occur outside when possible.
- Singing is a risky activity and has been shown to easily spread the disease, so special care must be taken to keep participants apart.
- Some schools are continuing to offer band and choir classes with special precautions.



Q: Who do we share concerns with if we feel like safety measures are not followed by fellow students and/or school staff?

- Contact your school's COVID-19 Designated Contact
- If you believe there is a violation of State mandates, you may contact your local Department of Health as well.
- Local Health Departments will do their best to educate. But they will be prioritizing what they follow-up on at this time as their precious resources are mainly dedicated to case investigations and contact tracing 7 days/week.



Q: For students participating in remote learning, how much screen time is too much? Are there other concerns with remote learning?

- Appropriate screen time is age dependent.
- Ensure your children are having quality time through the day away from the screen.



Q: If kids are mandated to take these precautions in school, do we need to follow them at home or isn't the time at school good enough?

- The safety measures your school is implementing are the same ones we all need to implement until there is a vaccine for the virus causing COVID-19.
- It is good for everyone to keep your hands clean and practice good hygiene like coughing into your elbow now and well into the future.



## PARKVIEW BUSINESS CONNECT 1-260-CONNECT (266-6328)

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#### **Thank You!**









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